



Information for Clients

The purpose of this document is to inform you about my qualifications as a counselor, your rights as a client, and important aspects of the therapeutic process. I encourage you to ask questions at any point in the counseling process and provide me with feedback.

My Experience & Qualifications

I am licensed in the state of Texas as a professional counselor. I have a bachelors degree from UCLA and a Masters from Texas State University, a counseling program nationally accredited by CACREP. I worked for Northwest Counseling & Wellness Center for over 3 years, running Intensive Outpatient Programing for substance abuse and mental health treatment. In this process, I utilized both traditional and non-traditional therapies, including meditation, yoga, and acupuncture. I have also completed Imago Clinical Training, which focuses on couples dynamics and healing through relationships. In this capacity, I am in the process of being certified as an Imago Relationship Therapist.

Confidentiality

What you share with me in counseling is confidential. In couples counseling, any information that one partner discloses to me in private may not be kept in confidence from the other partner, as partner biased confidentiality may be disruptive to the counseling process. If you choose to work with an insurance provider or disabilities claims management service, I may disclose information required to facilitate services and reimbursement. Your name, email address, and financial information will be shared with Square to process credit cards. Additionally, to insure that you receive the best possible counseling treatment, I consult with a limited number of peers, all bound to strict confidentiality. However, I am ethically and legally obligated to disclose information you shared in confidence regarding the following circumstances:



- If I have reason to believe that you may harm yourself or someone else.
- If I have reason to believe that you have knowledge of or are involved in child abuse, elderly abuse, or the abuse of anyone who is incapable of protecting their own rights.
- If I am legally compelled to testify in a court of law.

Process

In the counseling process we will explore and discuss issues that are very personal in nature. At times, it may be emotionally difficult for you to examine and work with these issues. There will likely be days that you feel emotionally exhausted after a session. It will benefit you to make time for self-care, and also take time to process the work you are doing in therapy throughout the week. If the counseling process becomes difficult for you, or you feel that progress is not being made, please let me know.

Cost & Cancellations

My fee is \$115 for a 50 minute session and \$160 for a 75 minute session. A 75 minute session is often recommended for couples counseling. I am flexible with my fee, but I only have a limited number of reduced fee spots available. If you can afford my full fee, please allow clients who can't to fill these spots. There is no charge for cancellations made with at least 24 hours notice. All other cancellations will be charged. If one partner of a couple cannot attend, the session will proceed with the partner who is available. If my services are required for legal proceedings, I charge 1.5 times my full hourly fee, with time billed for preparation and transportation.

The Counselor Relationship

Despite the personal nature of the work that we will do together, it is important for you to understand that the counseling relationship is professional and not personal in nature. If we meet by chance outside the counseling session, I may not acknowledge you or may keep our interaction brief on the occasion that we do interact. If there is anything you would like to know about me, you are free to ask in the counseling session, and I will do my best to answer to your satisfaction in a manner that maintains an appropriate therapeutic relationship.



Texts, Emails, & Voicemails

Please know that communications via email, text, voicemail, or over the internet are not guaranteed to be secure. I am open to receiving communication through these means, but may reserve my response until our next session.

Parking

Please park in the spot marked "Reserved Harvey." If this spot is taken, park in a "Visitors" spot or find street parking. Please do not park in other reserved spots.

Crisis Situations

If you experience a crisis and need emergency services, please call the Travis County Crisis Hotline at 512-472-4357 or Williamson County's Bluebonnet Trails at 800-841-1255. If you fear that you may cause harm to yourself or another person, call 911 or go to the nearest hospital emergency room. I am not available for emergency phone calls.

Signature

By signing this document, you consent to begin counseling treatment, and acknowledge that you have read and understood all that is written above, or will ask for clarification before signing.

Client One _____ Date _____

Client Two _____ Date _____